



VTAP

Navy Virtual Transition Assistance Program

TRANSITION ASSISTANCE PROGRAM



The Navy provides interactive virtual webinars through the Virtual Transition Assistance Program (VTAP) for all eligible service members preparing to transition back to civilian life. Service members must complete their required congressional-mandated training at no less than 365 days before their official retirement or separation from military service. VTAP is designed for Service members who are unable to attend in-person training sessions in a timely manner. VTAP webinar classes are available to Service members and their spouses at any stage of their career and at any time zone.

OCTOBER 2026

Schedules are to Change

Week of 5-9 Oct		Date	Eastern Time	Central Time	Pacific Time	Hawaii Time	Bahrain		Tokyo	
		Date					Date	Time	Date	Time
2 hrs.	Pre-Separation Briefing	5 Oct	8:00 AM	7:00 AM	5:00 AM	2:00 AM	5 Oct	3:00 PM	5 Oct	9:00 PM
1 hrs.	Managing Your Transition	5 Oct	10:15 AM	9:15 AM	7:15 AM	3:15 AM	5 Oct	5:15 PM	5 Oct	11:15 PM
1.5 hrs.	MOC Crosswalk	5 Oct	11:00 AM	10:00 AM	8:00 AM	5:00 AM	5 Oct	6:00 PM	6 Oct	12:00 AM
4 hrs.	Financial Planning for Transition	5 Oct	1:00 PM	12:00 PM	10:00 AM	7:00 AM	5 Oct	8:00 PM	6 Oct	2:00 AM
8 hrs.	DOL (1Day) Employment Fundamental for Transition	7 Oct	8:00 AM	7:00 AM	5:00 AM	2:00 AM	7 Oct	3:00 PM	7 Oct	9:00 PM
Week of 19-23 Oct		Date	Eastern	Central	Pacific	Hawaii	Bahrain		Tokyo	
2 hrs.	Pre-Separation Briefing	19 Oct	7:00 AM	8:00 AM	4:00 AM	2:00 AM	19 Oct	2:00 PM	19 Oct	8:00 PM
1 hrs.	Managing Your Transition	19 Oct	9:15 AM	10:15 AM	6:15 AM	3:15 AM	19 Oct	4:15 PM	19 Oct	1015 PM
1.5 hrs.	MOC Crosswalk	19 Oct	10:00 AM	9:00 AM	7:00 AM	4:00 AM	19 Oct	5:00 PM	19 Oct	11:00 PM
4 hrs.	Financial Planning for Transition	20 Oct	7:00 AM	8:00 AM	4:00 AM	1:00 AM	20 Oct	2:00 PM	20 Oct	8:00 PM
8 hrs.	DOL (1Day) Employment Fundamental for Transition	21 Oct	7:00 AM	8:00 AM	4:00 AM	2:00 AM	21 Oct	2:00 PM	21 Oct	8:00 PM
8 hrs.	SBA (2Day) Entrepreneurship Day 1 11am-3pm Day2 11am-3pm	22 Oct	11:00 AM	10:00 AM	8:00 AM	5:00 AM	22 Oct	6:00 PM	-	-
		23 Oct	11:00 AM	10:00 AM	8:00 AM	5:00 AM	23 Oct	6:00 PM	-	-
Week of 26-30 Oct		Date	Eastern	Central	Pacific	Hawaii	Bahrain		Tokyo	
2 hrs.	Pre-Separation Briefing	27 Oct	11:00 AM	10:00 AM	8:00 AM	5:00 AM	27 Oct	6:00 PM	27 Oct	12:00 AM
1 hrs.	Managing Your Transition	27 Oct	1:15 PM	12:15 PM	10:15 AM	7:15 AM	27 Oct	8:15 PM	27 Oct	21:15 AM
1.5 hrs.	MOC Crosswalk	27 Oct	2:00 PM	1:00 PM	1100 AM	8:00 AM	27 Oct	9:00 PM	27 Oct	3:00 AM
4 hrs.	Financial Planning for Transition	27 Oct	4:00 PM	3:00 PM	1:00 PM	10:00 AM	27 Oct	11:00 PM	27 Oct	5:00 AM
8 hrs.	DOL (1Day) Employment Fundamental for Transition	28 Oct	11:00 AM	10:00 AM	8:00 AM	2:00 AM	28 Oct	2:00 PM	22 Oct	12:00 AM



CNIC's Learning Management System (LMS)

Regardless of a sailor's career stage or time zone, VTAP webinar classes are available. To register for any session, log in to <https://mynavyfamily.com>